

# Make unforgettable memories in the Togakushi-Chusha Area

—A Preservation District for Groups of Traditional Buildings\*—

\* Designated by the government of Japan

## Feel the history!

Mt. Togakushi is a sacred mountain, whose history goes back to the ancient times. The rocky mountain is said to have been formed by the huge rock door opened and thrown by a god of power to get the sunlight back when the sun goddess was hiding behind the door. At the end of the Heian period, this mountain became a training site for ascetics, and since then, Togakushi has gained the reputation as a sacred and spiritual ground.

## Start your trip from Chusha!

Togakushi Shrine consists of five shrines (Okusha, Chusha, Hokosha, Kuzuryusha, and Hinomikosha), and Chusha is located in the center. You can walk to the gates of all the other shrines, Kagami-ike (a pond reflecting Mt. Togakushi), the Forest Botanical Garden, the ski area, etc. in 15-30 minutes, or you can take a taxi right in front of the Chusha gate. You can also find information about Togakushi at the visitors center, shop at souvenir stores, and fill your appetite at restaurants and cafes. If you are interested in the history of Togakushi, you should visit Seiryuden, which exhibits historical items.

## Our traditional shukubos always welcome you!

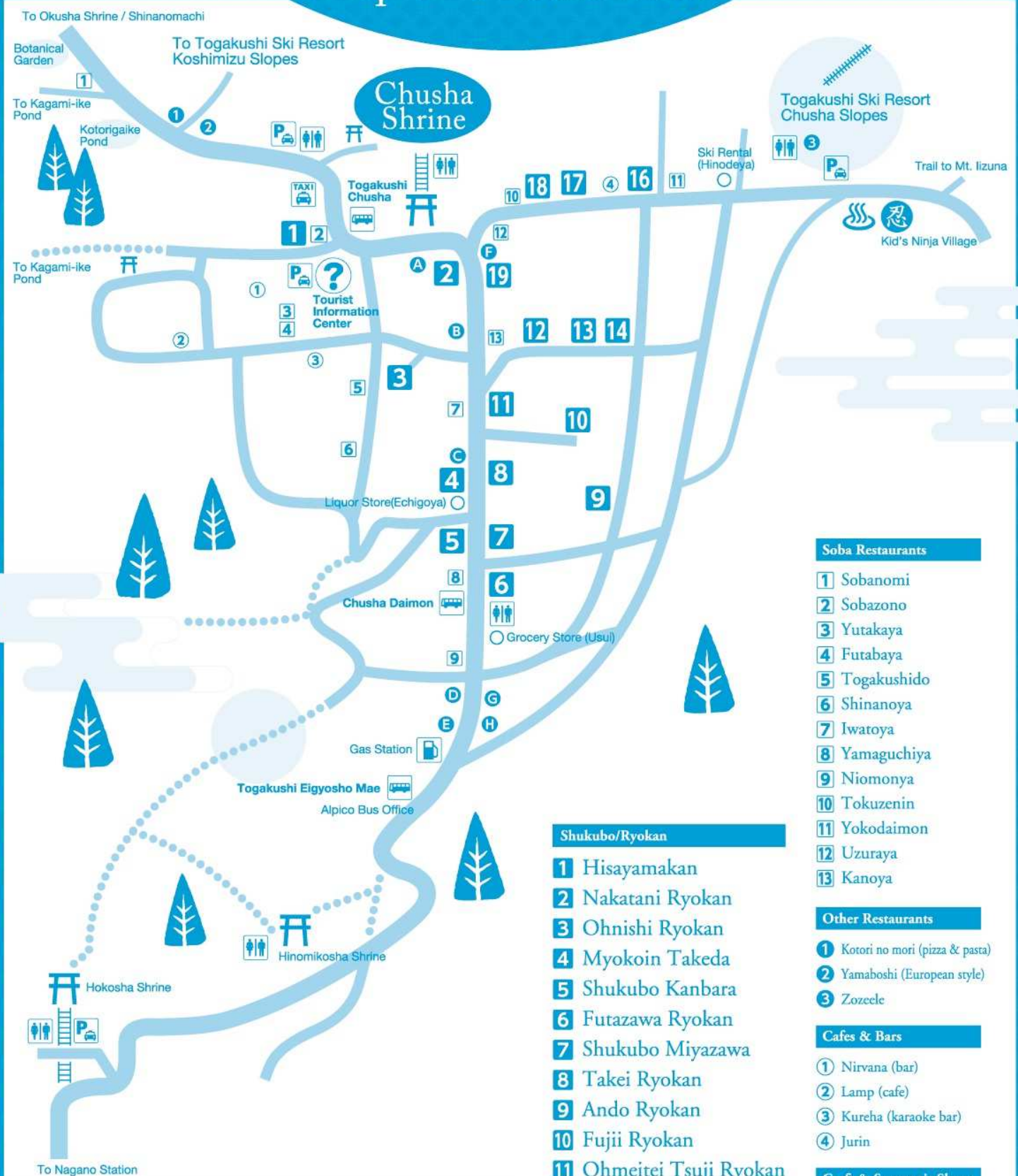
Togakushi-Chusha Ryokan Association includes 19 former-shukubos, which used to be accommodations for monks and pilgrims when they visited the nearby shrines and temples. The shukubos have hosted a number of visitors for more than 1,000 years, serving their famous Togakushi Soba (buckwheat noodles). Now, the 19 former-shukubos are all owned by shinto priests, and some of them can pray for your happiness when you stay there.

<http://www.chusha-ryokan.com>

		<p><b>TOGAKUSHI CHUSHA</b></p>  <p>The prices are per night for one person with 2 meals (dinner &amp; breakfast), and exclude tax.</p> 		
<p><b>1 Hisayamakan</b> TEL 026-254-2311 from 11,000 yen</p>	<p><b>2 Nakatani Ryokan</b> TEL 026-254-2533 13,000 to 20,000 yen</p>		<p><b>3 Ohnishi Ryokan</b> TEL 026-254-2550 8,800 to 12,000 yen</p>	<p><b>4 Myokoin Takeda</b> TEL 026-254-2029 8,000 to 12,000 yen</p>
				
<p><b>5 Shukubo Kanbara</b> TEL 026-254-2006 from 8,500 yen</p>	<p><b>6 Futazawa Ryokan</b> TEL 026-254-2015 11,000 to 15,000 yen</p>		<p><b>7 Shukubo Miyazawa</b> TEL 026-254-2011 from 10,000 yen</p>	<p><b>8 Takei Ryokan</b> TEL 026-254-2016 from 9,000 yen</p>
				
<p><b>9 Ando Ryokan</b> TEL 026-254-2626 from 8,500 yen</p>	<p><b>10 Fujii Ryokan</b> TEL 026-254-2065 from 10,000 yen</p>	<p><b>11 Ohmeitei Tsuji Ryokan</b> TEL 026-254-2337 15,000 to 23,000 yen</p>	<p><b>12 Takayamabo</b> TEL 026-254-2332 from 9,900 yen</p>	<p><b>13 Ohta Ryokan</b> TEL 026-254-2110 from 9,000 yen</p>
				
<p><b>14 Mizuno Ryokan</b> TEL 026-254-2331 from 7,000 yen</p>	<p><b>16 Ryokan Yokokura</b> TEL 026-254-2030 from 7,500 yen</p>	<p><b>17 Naruse Ryokan</b> TEL 026-254-2370 from 10,000 yen</p>	<p><b>18 Shukubo Gokui</b> TEL 026-254-2044 from 11,000 yen</p>	<p><b>19 Ohsugi Ryokan</b> TEL 026-254-2031 from 8,000 yen</p>



# Map of Chusha Area



## Soba Restaurants

- 1 Sobanomi
- 2 Sobazono
- 3 Yutakaya
- 4 Futabaya
- 5 Togakushido
- 6 Shinanoya
- 7 Iwatoya
- 8 Yamaguchiya
- 9 Niomonya
- 10 Tokuzenin
- 11 Yokodaimon
- 12 Uzuraya
- 13 Kanoya

## Other Restaurants

- 1 Kotori no mori (pizza & pasta)
- 2 Yamaboshi (European style)
- 3 Zozece

## Cafes & Bars

- 1 Nirvana (bar)
- 2 Lamp (cafe)
- 3 Kureha (karaoke bar)
- 4 Jurin

## Craft & Souvenir Shops

- A Hosen (souvenir shop)
- B Edoya (souvenir shop)
- C Daimon (souvenir shop)
- D Inoue Bamboo Craft Shop
- E Craft Baskets Tajikaraya
- F Matsuhashi (souvenir shop)
- G Harayama Bamboo Craft Shop
- H Usui Confectionery Shop

## Shukubo/Ryokan

- 1 Hisayamakan
- 2 Nakatani Ryokan
- 3 Ohnishi Ryokan
- 4 Myokoin Takeda
- 5 Shukubo Kanbara
- 6 Futazawa Ryokan
- 7 Shukubo Miyazawa
- 8 Takei Ryokan
- 9 Ando Ryokan
- 10 Fujii Ryokan
- 11 Ohmeitei Tsuji Ryokan
- 12 Takayamabo
- 13 Ohta Ryokan
- 14 Mizuno Ryokan
- 16 Ryokan Yokokura
- 17 Naruse Ryokan
- 18 Shukubo Gokui
- 19 Ohsuji Ryokan

From Chusha to Okusha Shrine : 4km

to Hokosha Shrine : 2km

to Botanical Garden : 2km

Myoko-Togakushi Renzan National Park ·  
Preservation District for Groups of Traditional Buildings

Togakushi-Chusha Ryokan Association

<http://www.chusha-ryokan.com>

